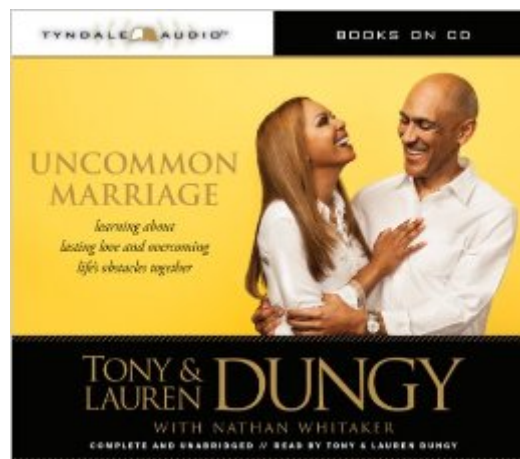


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# Uncommon Marriage: What We've Learned About Lasting Love And Overcoming Life's Obstacles Together



## Synopsis

What does it take to build a marriage that will last? Tony and Lauren Dungy have together known the highest of highs and the lowest of lows. They fell in love, built a family, and made sports history when Tony became the first African American head coach to win the Super Bowl. Yet they've also gone through difficult, relationship-testing setbacks, including job loss and devastating personal tragedy. In a culture where it seems harder and harder to make marriage last, what has kept the Dungys strong through it all? In *Uncommon Marriage*, Tony and Lauren share the secrets that hold them together, revealing what they've learned so far about being a good husband or wife; getting through times of loss, grief, or change; staying connected despite busy schedules; supporting each other's dreams and goals; and helping each other grow spiritually. They offer encouragement and practical advice to equip your marriage to survive tough issues and flourish with joy, purpose, and partnership—in other words, to be a marriage that is truly uncommon.

## Book Information

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## Customer Reviews

Two years ago, I got a random phone call from Coach Tony Dungy. At first I thought it was a prank, but it wasn't. Tony was coming to Eugene, Oregon to watch his son practice at the University. He wanted to help us at The Mentoring Project recruit more mentors. Someone gave him my phone number, and he was offering to come. I had never met him before, he just wanted to help. Coach made the drive from Eugene to Portland, bringing his kids. He met mentors, kids, pastors, leaders and took his careful time with each one - giving each person full and unhurried attention. An hour later, he spoke to hundreds of men calling them to be "Mentor Leaders." It was our biggest mentor

recruiting day ever. After Coach finished speaking, he spent THREE hours in the lobby, meeting every person who wanted to talk. He took time with each person. After that, it was mid-afternoon, and Coach asked if I needed anything else. So we made a short video of him talking about mentoring. We walked to his car together, and I asked him a personal question about fathering. His answer was surprisingly vulnerable and wise. Then he got in his Honda Pilot with his kids and drove back to Eugene. Make no mistake: Coach Dungy lives an uncommon life. He serves and gives and gives and serves. He is confident and humble. He is a faithful husband, a loving father, and he exudes quiet strength. His book on marriage may be his best one yet - filled with simple wisdom and vulnerability, especially gripping as both he and Lauren shares about losing their son, James. This part of the book makes Tony feel "real." He's not just the SuperBowl winning head coach, he has faced the worst kinds of loss.

I've read and enjoyed each of Tony Dungy's major books - Quiet Strength, Uncommon, The Mentor Leader, Uncommon Life Daily Challenge and his latest Uncommon Marriage, which was written with his wife Lauren. The couple has been married for more than 32 years and has nine children, serving as foster parents prior to having their own children. In this book they share what has worked and some things that haven't worked in their marriage. They take the reader through their married life using a biographical format, sharing key principles of an uncommon marriage. As newlyweds the Dungys found it important to find a new church home and began the practice of praying together. Lauren was a school teacher at the time, later becoming a stay at home Mom. Tony was an Assistant Coach with the Pittsburgh Steelers. He would later serve in that capacity with the Kansas City Chiefs and Minnesota Vikings, before becoming at Head Coach with the Tampa Bay Buccaneers and Indianapolis Colts. They write of Tony confronting racism with the Kansas City police (this book was published before the recent issues with police and African Americans in Missouri, New York and South Carolina), and their son at a school in Tampa. Laura writes of the challenge of effectively running their household and raising children with her husband unavailable so much due to his job as an NFL coach. Early in their marriage they began the practice of taking walks and bike rides to make sure they were communicating well. Good communication is critical to a healthy marriage. Lauren shares one time that their communication broke down (when Tony accepted the Minnesota job without discussing with her). Both Tony and Lauren were involved in Bible Study Fellowship (BSF), while in Minnesota.

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